

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 <b>Cooking Class</b> (9:00-10:30) <i>Pumpkin Pie</i>  <b>Arts &amp; Crafts</b> (1:00-2:00) <i>Paper Plate Pie</i>	2 <b>Story Time</b> (9:30 - 10:30)  <b>Drum Circle</b> (1:00-2:00) <i>w/ Wil from Ted Brown</i>  <b>Interactive Music</b> (2:00 -3:00)	3 <b>Spa Day</b> (All Day)  <b>Science</b> (1:00-2:00)  <b>Sit &amp; Be Fit</b> (2:15 - 3:00)	4 <b>Middleton Farms!</b> (9:30-10:30)  <b>Middleton Farms!</b> (1:00-2:00)	5
7 <b>Outdoor Play</b> (9:30-10:30)  <b>Group Games</b> (1:30-2:30)	8 <b>Arts &amp; Crafts</b> (1:00- 2:00) <i>Puffy Ghost</i>  <b>Cooking Class</b> (9:30-10:30) <i>Sticky Toffee Pudding</i>	9 <b>Visit from Paul Mitchel</b> (9:30 - 10:30)  <b>Drum Circle</b> (1:00-2:00) <i>w/ Wil from Ted Brown</i>  <b>Interactive Music</b> (2:00 -3:00)	10 <b>Spa Day</b> (All Day)  <b>Astrology</b> (1:00-2:00)  <b>Body Groove</b> (2:15 - 3:00)	11 <b>Library</b> (9:30-10:30)  <b>Library</b> (1:00-2:00) 	12
14  <b>Gesa Credit Union Arts &amp; Crafts</b> (9:00-11:30)  <b>Gesa Credit Union Arts &amp; Crafts</b> (12:30-3:00)	15 <b>Arts &amp; Crafts</b> (9:30-10:30) <i>Frankenstein Paper Plate</i>  <b>Cooking Class</b> (1:00-2:00) <i>Pumpkin Bread</i>	16 <b>Story Time</b> (9:30 - 10:30)  <b>Drum Circle</b> (1:00-2:00) <i>w/ Wil from Ted Brown</i>  <b>Interactive Music</b> (2:00 -3:00)	17 <b>Spa Day</b> (All Day)  <b>Body Groove</b> (2:15 - 3:00)	18 <b>Spirit Halloween</b> (9:30-10:30)  <b>Spirit Halloween</b> (1:00-2:00)	19 
21 <b>Outdoor Play</b> (9:30-10:30)  <b>Group Games</b> (1:30-2:30)	22 <b>Cooking Class</b> (9:30-10:30) <i>Zuppa Toscana</i>  <b>Arts &amp; Crafts</b> (1:00- 2:00) <i>Paper Plate Pumpkin</i>	23 <b>Story Time</b> (9:30 - 10:30)  <b>Drum Circle</b> (1:00-2:00) <i>w/ Wil from Ted Brown</i>  <b>Interactive Music</b> (2:00 -3:00)	24 <b>Spa Day</b> (All Day)  <b>Astrology</b> (1:00-2:00)  <b>Body Groove</b> (2:15 - 3:00)	25 <b>Storytime with Katelyn</b>  <b>Library</b> (10:00-11:00)  <b>Library</b> (1:00-2:00)	26
28 <b>SPIRIT WEEK</b> <b>CRAZY HAIR DAY!</b>  <b>Outdoor Play</b> (9:30-10:30)  <b>Group Games</b> (1:30-2:30)	29 <b>SPIRIT WEEK</b> <b>SPORTS DAY!</b>  <b>Cooking Class</b> (9:30-10:30) <i>Monkey Bread</i>  <b>Arts &amp; Crafts</b> (1:00- 2:00) <i>Paper Bag Bat</i>	30 <b>SPIRIT WEEK</b> <b>PAJAMA DAY!</b>  <b>Story Time</b> (9:30 - 10:30)  <b>Drum Circle</b> (1:00-2:00) <i>w/ Wil from Ted Brown</i> <b>Interactive Music</b> (2:00 -3:00)	31 <b>SPIRIT WEEK</b> <b>HALLOWEEN COSTUMES</b> <b>Trick-Or-Treating at CAA</b> (10:00 - 10:30)  <b>Spa Day</b> (All Day)  <b>Astrology</b> (1:00-2:00)  <b>Body Groove</b> (2:15 - 3:00)		

# OUR OCTOBER NEWSLETTER



## Dear Clients, Parents, and Guardians,

Happy October! We're stepping into fall with excitement and have some fun activities planned that we can't wait to share with you. Be sure to check out the activity calendar and join us as much as you can this month!

Monday, October 14, we're thrilled to have Gesa Credit Union volunteering with us for the day! They'll be providing activities for all sessions, so it's sure to be a fun and engaging day for everyone. Also, mark your calendars for Spirit Week, happening from October 28 to November 1! We'll have themed activities each day, so get ready to show your community spirit.

And of course, on Thursday, October 31, come dressed in your best costume for some safe Trick-Or-Treating around the Columbia Ability Alliance campus! It's always a highlight of the season, so don't miss out.

As the weather cools down, don't forget to pack a coat for outdoor activities. We want everyone to stay warm and cozy while enjoying the fall festivities.

We're looking forward to a fun-filled month and can't wait to see you at our upcoming events!

Warm Regards,  
*The Columbia Ability Alliance Team*

## Activities:

- **Monday, October 14:** Gesa Credit Union will be volunteering with us for the day and providing activities!
- **Week of October 28 - November 1:** Spirit Week!
  - **Monday:** Crazy Hair Day
  - **Tuesday:** Sports Day - Support Your Team!
  - **Wednesday:** Pajama Day
  - **Thursday:** Halloween Costumes Day
  - **Friday:** CAA Blue Day
- **Thursday, October 31:** You are welcome to come in a costume! We will do some safe Trick-Or-Treating around the Columbia Ability Alliance campus.

## Reminders:

- **Sign Up for Our Newsletter:** Don't miss out! Sign up by emailing us at [nathanp@ourcaa.com](mailto:nathanp@ourcaa.com) with your preferred email address to receive this by email.
- **Join Our Private Facebook Group:** Stay connected with fellow clients, share updates, and get reminders about upcoming events. Ask to be added to our Community Center Clients Facebook group.
- **Dress for the Weather:** As the seasons change, remember to pack a coat for outdoor activities. We want everyone to stay warm and cozy!